

PRESS RELEASE

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St. Joseph's Manor's centenarian remembers the "good old days"

(MEADOWBROOK, PA) – "It's \$4 a gallon now? That's crazy."

Edith Tucker, a resident at St. Joseph's Manor shakes her head at the rising cost of today's gas prices. Back in 1951, when her husband Herman bought their first car, gas was only 27 cents a gallon.

"Oh we weren't worried about gas prices back then. We considered ourselves lucky for even owning car," says Edith. "If you didn't have one, you had to walk or take the train and trolley to wherever you needed to go. When my husband bought that car, I was relieved. We could visit my son in Michigan on our own schedule."

But that was 57 years ago. Now, Edith is celebrating turning the big 1-0-0, joining seven other centenarians in a celebration at St. Joseph's Manor in Meadowbrook. During the festivities, the birthday celebrants displayed memorabilia and special artifacts that they've collected over the years, as well as shared their life experiences and memories with their families and the staff and residents at St. Joseph's Manor.

For Edith, she recalls surviving the Russian Revolution in 1917 and escaping from Russia to America with her mother for a better life. But the memories that light up her face include her 45-year marriage to her husband, a former telegraph dispatcher for Western Union, and spending time at home in Brooklyn, New York, raising her three children. She remembers making sure that her two sons and daughter grew up in a happy family environment with clean clothes and plenty of food – even during World War II.

"I will always remember how we had to ration our food during the war," she says. "But I was smart about it. I made sure that the grocery store set aside some food for me when the shipments came in. I did everything in my power to make sure my children weren't hungry."

Her daughter, Marilyn Glaser, now 67, remembers: "Life was so much simpler back then. It's so fast-paced now with the television clickers, fast cars, dining out, and children who are involved in too many after-school activities. When my father came home from work,

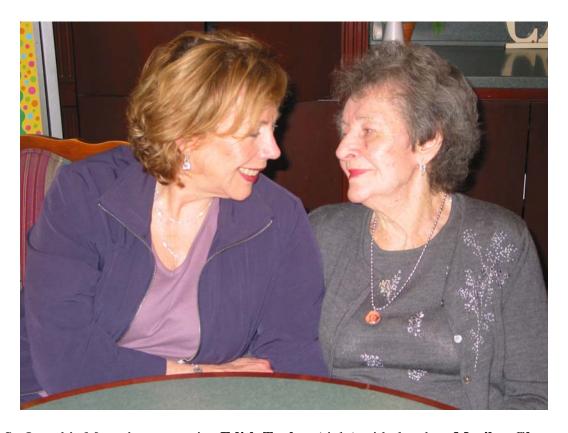
we spent time as a family – sitting down to eat dinner and then watching television shows until it was time to go to bed."

The mention of television brings a smile to Edith's face. "We would watch all those funny programs with Milton Berle, Mary Tyler Moore and Red Skelton. Now I don't quite understand any of the shows on television. Luckily at St. Joseph's Manor, I can talk with other residents, and we have many activities and exercise programs to keep us busy."

Edith fingers the locket around her neck which holds a photo of herself as a young bride. "Yes, those were the good old days. And times have changed. But I sure don't feel like I just turned 100!"

Edith turned 100-years-old on March 15 and proudly boasts that she is the grandmother of 10 and the great grandmother of 13. She credits her long life to eating healthy, exercising – tai chi is her favorite exercise – and having strong faith in God.

Older adults requiring long-term care will find a welcoming home-like haven at St. Joseph's Manor. The facility is home to 362 residents. Private resident rooms and spacious, sun-filled living areas are designed to maximize privacy, safety and social opportunities. Also, the facility is adjacent to Holy Redeemer Hospital and Medical Center, offering residents convenience and peace of mind. For more information about St. Joseph's Manor, call 1-800-818-4747 or visit www.holyredeemer.com.



St. Joseph's Manor's centenarian **Edith Tucker** (right) with daughter **Marilyn Glaser**.



St. Joseph's Manor's centenarians from left to right are **Anna Boyle** (100 years on October 21), **Rose McCloskey** (110 years on October 25), **Jennie Moore** (101 years on November 3), **Edith Tucker** (turned 100 years on March 15), **Beatrice Logie** (102 years on July 13), **Frances Teeling** (101 years on July 18), **Mildred Cressman** (100 years on July 11), and **Irene Kelly** (turned 101 years on January 25).

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